

St. Mary of the Visitation Parish

16 Cooper Street, Cambridge (Hespeler), Ontario N3C 2N2 Tel: 519-658-4443

Email: stmarycambridge@hamiltondiocese.com www.stmaryhespeler.ca

Rev. Ed Henhoeffer, Pastor Rev. Mr. Michael Foulger, Permanent Deacon Mrs. Rosanne Nusca, Administrative Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

Children's Ministry: Programs will resume in September 2022.

WEEKDAY MASSES

Tuesday 7:00 p.m. Wednesday 8:00 a.m. Thursday 8:00 a.m. Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and 7:30 a.m. on Wednesday, Thursday and Friday. All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting Sunday at 12 noon through Saturday at 5:00 p.m. For more information please call Sheila at 519-658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School	519-658-4041
St. Elizabeth School	519-651-0400
St Gabriel School	519-658-2008
St. Benedict Secondary School	519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church) Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m. or by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process of preparing your child and family for this Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father Ed and Deacon Michael would be most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

Date	Time	Mass Intentions	Requested by
Monday, September 12 - Friday, September 16 - NO MASS			
		+ Artemio Parada	Josephine Parada
Saturday, September 17	5:00 p.m.	+ Tran Dong	Josephine Parada
		+ Mary Lawn	Brendan Baragwanath & Hannah Nash



WELCOME TO ST. MARY OF THE VISITATION PARISH!

A special welcome to all new members and visitors! We encourage all new

members to register with the parish. Please pick up a registration form at the church entrance or complete an online form:

www.stmaryhespeler.ca/new-parishioners

VACATION/PILGRIMAGE: Father Ed will be away on a pilgrimage to the Passion Play in Oberammergau, Germany from September 12-24. During this time there will be no weekday Masses. Next weekend, September 17/18, we will welcome Father Raphael Ma to celebrate Mass and on Saturday, September 24th Father Ted Slaman will offer Mass.



RITE OF CHRISTIAN INITIATION OF ADULTS

Interested in Becoming Catholic?

Any adults who have not been baptized and are considering becoming Catholic, or any adults who have already been baptized in other Christian churches and wish to become full members of the Catholic Church, please contact the parish office. A program of formation begins in the Fall.



BAPTISM: In August we warmly welcomed into our family through the waters of Baptism: *Reeve K., Lucy K., Asher T., Kylie S., Hudson B.,* and *Delilah C.* May the Lord bless them always in their faith life.

NEW VOLUNTEER SCHEDULE: A new schedule is available on Ministry Scheduler. Please contact the office if you need access to our online scheduling program. New volunteers are welcome! Please contact the office.



ALTAR SERVER TRAINING: Save the date! **Saturday, October 1**st **at 11:00 a.m**. in the church. All children grade 4 and up are invited to attend. More details to follow.



COFFEE SUNDAY: Join your fellow parishioners for coffee and cookies this **Sunday, September 11, 2022** following the 9:00 a.m. and 11:00 a.m. Masses.

11AM CHOIR MEMBERS NEEDED: Under the direction of our choir leader, Bert Walter, we would like to begin after Thanksgiving. All are welcome, young and old! The only requirement is a love for music. If interested please call the parish office. If you have any questions feel free to call Bert Walter at 519-658-6547. More details to come as we gauge interest.

MONDAY EVENING PRAYERS: Prayer meetings will resume on **Monday, September 12 at 7:00 p.m.** in the church. All are welcome. Please contact Lisette at 519-239-4988 for more information.



PRAYING THE HOLY ROSARY IN SPANISH: Members of our parish will be praying the rosary in Spanish **starting on**

Wednesday, September 21st at 6:15 p.m. If you would like more information please contact Erika (519-222-6333) or Carmen (905-483-9481).

MISSION MATS: Join us on **Saturday, September 24**th as we resume making sleeping mats for Canadian Food for Children. We will meet at 10:00 a.m. in the Parish Centre. Volunteers will gather to turn milk bags into sleeping mats. *Milk bags are currently not needed.*

MARRIAGE: Congratulations to *Aleksandra* and *Michal* who were married in our parish on September 3, 2022!

SEMINARIAN FROM OUR PARISH: Joseph Mendonca from our parish has been accepted as a candidate for the priesthood for the Diocese of Hamilton. At the beginning of September, he will be travelling to Spain to participate in a propaedeutic year at the English Seminary in Valladolid. The propaedeutic year is like the novitiate year that those entering religious life make at the beginning of their formation. Let us pray for Joseph and all those who are in formation for the priesthood and religious life.

PARISH OFFERINGS August 27-28, 2022

Sunday Envelopes: \$3,137.00 Loose Offerings: \$188.00

September 3-4, 2022

Sunday Envelopes: \$2,859.00 Loose Offerings: \$506.50

Your continued financial support is greatly appreciated.

If you are looking for ways to support the parish, please visit www.stmaryhespeler.ca/donate



ST. VINCENT DE PAUL COLLECTION:

Our collection for August was \$636.45 Thank you for your generous support. It is greatly appreciated!

HAMILTON DIOCESE MARIAN DAYS 2022 – Join brothers and sisters from around the Diocese in honouring Our Blessed Lady for the last Marian Day of the year with Bishop Crosby on October 1, 2022 at the Basilica of Our Lady Immaculate in Guelph. Join us for confessions at 9:00 a.m. followed by the Holy Mass with Bishop Crosby at 10:00 am, the Solemn Crowning of Our Lady with Rosary at 11:00 a.m., and The Queen's Tea at 12:00 p.m., honouring the crowning of the image of our Lady. Cost for lunch is \$20.00 payable at the door. Call the Basilica to reserve your spot: (519) 824-3951.

WALK FOR LIFE: Cambridge Right to Life will be holding their biggest annual "Walk for Life" fundraiser this month to continue their work of defending "Life from conception till natural death". The 5k walk will take place from the Galt Legion on **Saturday, September 24th at 10am**. If you would like to help this cause by walking or sponsoring a walker please contact Chris O'Neill at 519-400-3657. A sponsor sheet will be posted on the bulletin board in the hall. Thank You.

MARRIAGE SUPPORT - Your marriage does not have to feel like it is more trouble than joy, that it feels stagnant or disconnected and/or that it is causing you constant stress. The solution is *Retrouvaille* - a program for married couples facing difficult challenges in their relationship. Retrouvaille has one purpose: to help couples restore their marriage and rebuild a loving relationship. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. The next Retrouvaille weekend is Oct. 21-23. For more information call 905-664-5212 or email teamrecine@gmail.com.



PARENTING TIP OF THE MONTH:

As parents, we love our children unconditionally, but the tasks involved are still challenging. There are many

moments when our children can annoy us, test us and even defy us! Our response can be the difference between positive learning and damage to our relationship. What is a parent's best strategy? Learn to pause between the time a problem occurs and the time you respond. Take a moment to count to ten, take a deep breath, close your eyes, say a quick prayer, or take your own time out. When you are calm and collected, address the issue in the way you feel will work best to solve the issue, not one based on high emotions.

DIOCESE OF HAMILTON PRAYER CALENDAR September 12 - September 17

Monday Rev. Jarek Pachocki, O.M.I. Tuesday Rev. Hanh Van Tran, O.M.I.

Wednesday Salesians of St. Don Bosco (S.D.B.)

Thursday Rev. Adam Voisin Friday Rev. David Wilhelm Saturday Rev. Jeffery Oehring

GRIEF RELIEF - Has someone you cared about died? Are you grieving the loss of the person's presence in your life? Are you looking for relief from the feelings associated with the loss of this loved one? Are you wondering if your feelings are normal? You are not alone! The Diocese of Hamilton has grief programs to help. Find out more at https://hamiltondiocese.com/offices/family-ministry/grief-support or call Teresa at 905-528-7988 ext. 2250.

STRONG START VOLUNTEER OPPORTUNITY AT ST. ELIZABETH CATHOLIC SCHOOL: Make a

difference in the life of a 5-7 year old student at St. Elizabeth School by volunteering to be a Strong Start Coach. The Letters, Sounds and Words™ program is a fun and engaging way for community members to be involved in helping young children learn to read. The program was designed specifically to engage volunteers with little to no previous experience working with children. The required training, prescriptive program manuals, and enjoyable activities make it easy for anyone volunteer. Before volunteering, please consider: The minimum time commitment for a volunteer is 30 minutes, once a week, for a 10-week period. Volunteers must be able to volunteer during the regular school day. Volunteers must meet the school's screening processes. Volunteers must complete two, 2-hour training sessions prior to volunteering in a school. For more information please email Michelle.scott@wcdsb.ca

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Sunday

Listen to the Holy Rosary Hour from 9 - 9:30 a.m. On CKWR 98.5 fm Sponsored by CWL

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